

ASTON MARINA



Matthew's Story

ASTON MARINA
Water-side indulgence

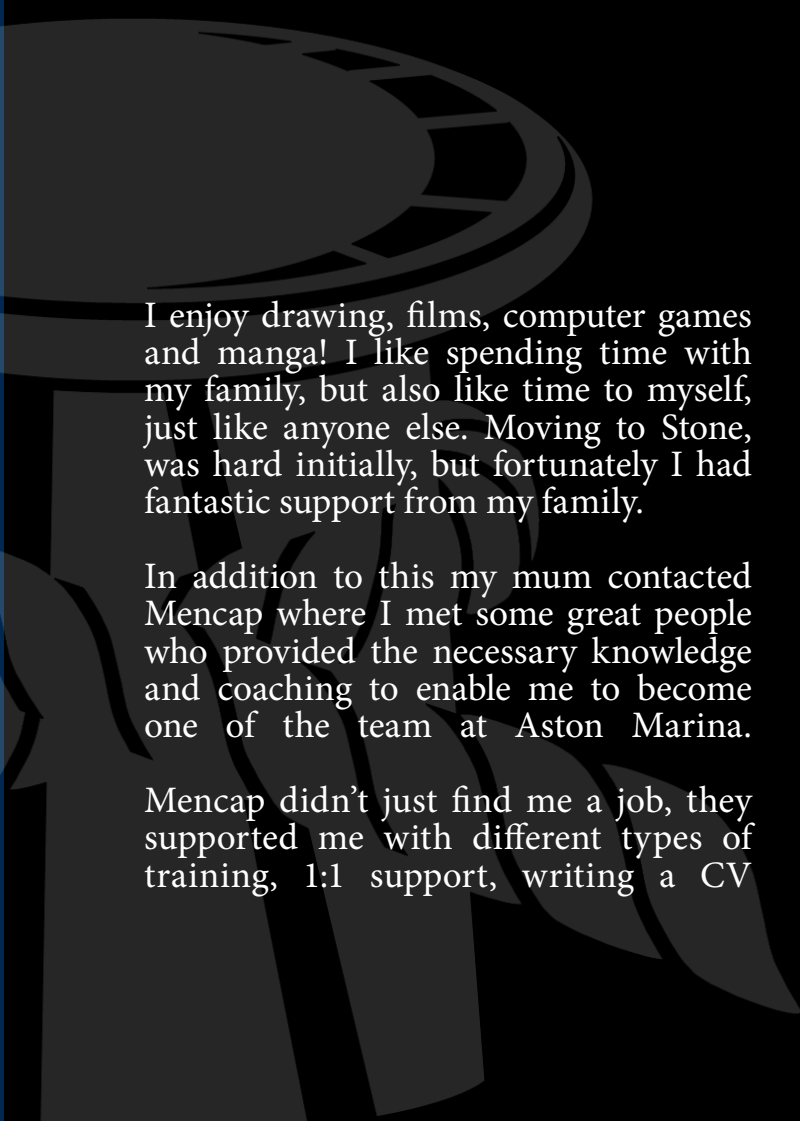
Matthew's Story

The background features a stylized, monochromatic blue illustration of a tree branch with several leaves, positioned on the right side of the frame. The text 'Matthew's Story' is centered on the left side of the image.



Hi, my name is Matthew

or Matt by my family and friends and I'm 29 years old. I moved to Stone in 2018 after living in Stoke with my Mum, older Brother and younger Sister. I'm told I'm Autistic..... I don't see myself as anything, I'm like everyone else, I just see the world differently to what you may see it.



I enjoy drawing, films, computer games and manga! I like spending time with my family, but also like time to myself, just like anyone else. Moving to Stone, was hard initially, but fortunately I had fantastic support from my family.

In addition to this my mum contacted Mencap where I met some great people who provided the necessary knowledge and coaching to enable me to become one of the team at Aston Marina.

Mencap didn't just find me a job, they supported me with different types of training, 1:1 support, writing a CV

and developing my personable skills such as chatting and talking to other people. Skills that finally helping me trial jobs that I might enjoy. They looked after my rights as an individual and guided me, but also allowed me to make my own decisions about things that would become part of my life.

When I started at Aston Marina, Mencap were there every step of the way, continuing their 1:1 support, helping me build a routine, learning how to do things that I hadn't done before, but also letting me try things for myself. With their assistance and

the continued support from the team at Aston Marina, I was able to work independently with occasional support from my Mum if things need to be adapted or changed, I hope I do a good job!

My daily routine at Aston Marina starts with getting my equipment ready, vacuuming, polishing, cleaning the windowsills, mopping, making sure the wet floor signs are placed out, so no one falls, empty the bins, make sure everywhere smells nice, I even do some simple paperwork!





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Waterside Indulgence

I've learnt how to clock-in and out, review my rota, read messages / updates that are sent and if I don't understand, my Mum or Supervisor Rachel are always on hand to help.

I actually enjoy going to work & have to be told to take a holiday!

I think I've grown in confidence since being here, and that's thanks to the support from Aston Marina and Mencap!

I was asked what I would like to see on the menu at Aston Marina..... I love sausage and chips, I enjoy a good pepperoni pizza, I enjoy other foods, but these are my favourites!

I didn't realise until I sat with Mum that I've been doing this job for 4 years, I'm very proud of my job and enjoy going to work!

I hope that I will continue to work at Aston Marina for many more years to come!



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